

LESSON PLANS FOR ADULT EDUCATORS/TEACHERS/TRAINERS

Module Name: Communication & Collaboration	
Topic 4 Title: Digital Citizenship	
Lesson Plan 34 – Digital Rights & Responsibilities, Digital Security & Privacy, Digital Health & Wellness	
Duration: 90 minutes	
Aim	The main goal of this lesson plan is to provide all the necessary information regarding digital rights & responsibilities, digital security & privacy and digital health & wellness.
Target Group	Adults (seniors)
Facility/ Equipment	<ul style="list-style-type: none"> ● Classroom ● Internet access ● Projector ● White board
Tools/ Materials	<ul style="list-style-type: none"> ● Handout 1 ● Handout 2 ● Handout 3
Main Tasks	<p>1. Task 1: Introduction to digital rights and responsibilities</p> <p>1.1 Start the task with the video https://www.youtube.com/watch?v=q5L-kTUtQ_c&ab_channel=SaraVassallie (3 mins)</p> <p>1.2 Discussion questions for the video (15 mins)</p> <ul style="list-style-type: none"> ● What 'digital rights and responsibilities' is ● Why digital rights and responsibilities is important? <p>2. Task 2: Digital rights and responsibilities</p>

	<p>2.1 Adult trainers should explain to what is the ‘Digital Rights and Responsibilities’ in digital citizenship (see Handout 1) (20 mins)</p> <p>3. Task 3: Introduction to digital security and privacy</p> <p>3.1 Start the task with the video https://www.youtube.com/watch?v=TTZERhAsCpk&ab_channel=SafeGuardCyber (3 mins)</p> <p>3.2 Discussion questions for the video (15 mins)</p> <ul style="list-style-type: none"> ● What ‘digital security and privacy’ is ● Why digital security and privacy is important? <p>4. Task 4: Digital security and privacy</p> <p>4.1 Adult trainers should explain to what is the ‘Digital Security and Privacy’ in digital citizenship (see Handout 2) (20 mins)</p> <p>4.2 Adult trainers should provide to adult learners, a link of an online game for ‘Digital Security and Privacy’ https://phishingquiz.withgoogle.com/ (10 mins)</p> <p>4.3 Adult learners should start playing the online game and explore what is digital security and privacy (15 mins)</p> <p>5. Task 5: Introduction to digital health and wellness</p> <p>5.1 Start the task with the video https://www.youtube.com/watch?v=0oXcJJPz7AA&ab_channel=MelissaKlein (3 mins)</p> <p>5.2 Discussion questions for the video (15 mins)</p> <ul style="list-style-type: none"> ● What ‘digital health and wellness’ is ● Why digital health and wellness is important? <p>6. Task 6: Digital health and wellness</p> <p>6.1 Adult trainers should explain to what is the ‘Digital Health and Wellness’ in digital citizenship (see Handout 3) (20 mins)</p> <p>6.2 Adult trainers should provide to adult learners, a link of an online game for ‘Digital Health and Wellness’</p>
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	<p>https://plato.algonquincollege.com/ac-library/healthWellness/story_html5.html (10 mins)</p> <p>6.3 Adult learners should start playing the online game and explore what is digital health and wellness (15 mins)</p> <p>7. Task 7: Wrap-up (10 mins)</p>
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HANDOUT 1: Digital rights and responsibilities

Digital Rights and Responsibilities:



As in the real world there are rights and responsibilities for each of us the same applies in digital communities! Individuals must understand that they are provided with opportunities such as accessing Internet and online products and tools, but they must also follow rules, be aware of potential risks and do their

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HANDOUT 2: Digital security and privacy

Digital Security and Privacy:



It is a responsibility of all online users, to protect their tools and data by having software and applications that prevent online intrusions. As we are all connected, everyone has responsibility for security.

HANDOUT 3: Digital health and wellness

Digital Health and Wellness:



Technology has allowed us to buy and sell products and services from around the world. This offers great opportunities. Nevertheless, online commerce involves risks. Individuals should be aware of them and know how to address them in order to stay safe in online transactions.