

UPGRADING OLDER ADULTS' DIGITAL COMPETENCES to improve their social inclusion and development

project number:
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DIGITALISE ME



Co-funded by the
Erasmus+ Programme
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Erasmus+

DIGITALISE ME Project

DIGITALISE ME aims at developing an educational blended course, in the field of digitalization, tailored to the needs of older adults and educational providers.

1 Learning, Teaching and Training Activity organised in Spain

Learning, Teaching and Training Activity organised in Spain

During the 6th to 8th of July 2021, the Digitalise Me consortium traveled to Reus, Spain, to participate in the learning, training and teaching activity of the Digitalise Me project. Over the last 18 months, the project consortium has developed a set of educational materials aimed at improving the skills of using digital tools, adapted to the needs of adults and seniors.

During the training activity, the 6 course modules developed were presented and discussed, as follows:

- Module 1 - Data and information literacy
- Module 2 - Communication and collaboration
- Module 3 - Safety
- Module 4 - Digital content creation
- Module 5 - Solving problems
- Module 6 - Media literacy

This workshop was attended by representatives directly involved in the project and other trainers from the partner institutions, interested in expanding their professional skills and training adults and seniors in the digital field.

During the 3 days, the participants had the opportunity to understand and analyse the course materials, they have taken part in various practical digitization activities, they evaluated the resources developed and offered recommendations for improvement.

A glimpse into our event HERE

All course materials developed and tested during the project implementation will be available soon and free of charge, in all partners languages, on the project website.

3

The results developed so far by the Digitalise Me consortium are:

Mapping of Basic Digital Competences

An extensive research that had the aim of diagnosing the real needs of older adults in the digital field.

Digital Living Basics Pack

A useful compilation of existing training recommendations and solutions which will show how to address the real needs of older adults in the field of Digital and ICT competences.

“Basic Digital Skills for social and civic active participation” Blended Course

A quality up-skilling programme for digital acquisition that will help participants get acquainted with the digital and ICT field.

4

What to expect in the following months?

As the project is nearing completion, in the next months the project consortium will focus mainly on:

- testing the educational resources created, updating and improving them to be as close as possible to the training needs of the target group and
- multiplying and disseminating the educational materials to all interested parties by organizing face-to-face or online events in all partners countries: Portugal, Spain, Cyprus, Italy, Poland and Romania.

PROJECT TEAM

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www.digitalise-me.eu



[digitaliseme.project](https://www.facebook.com/digitaliseme.project)
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Associação Rede de Universidades da Terceira Idade (Portugal) is a Private Institution of Social Solidarity (IPSS) and Public Utility that supports the community and the senior population in a national and international level. The main objectives of RUTIS are the promotion of active ageing and the valorization of Senior Universities. www.rutis.pt



North East Regional Development Agency (Romania) mission is to generate economic and social development in the North-East Region of Romania. We promote strategies, attract resources, identify and implement financing programmes and offer services for stimulating sustainable economic development, partnerships and entrepreneurial spirit. www.admordest.ro, www.crsnordest.ro



A & A Emphasys Interactive Solutions Ltd (Cyprus) offers high quality courses for adults, professionals and young people interested in obtaining professional qualification or attain vocational training for employment. The "Emphasys Centre" has been involved greatly in the last 18 years in organising custom-made in-service training courses for the employees of various companies and organisations in the private and public sector based on their ICT needs and requirements. www.emphasyscentre.com



DomSpain Consulting (Spain) is an adult education organization specialised in the field of education and training, vocational studies, occupational, social and intercultural skills, languages and new technologies. In education, DomSpain is specialised in foreign languages, computer technology and cultural heritage offering a wide range of courses and workshops to private entities and town halls within the Tarragona province. www.domspain.eu



Consorzio Brianteo Villa Greppi (Italy) mission is to promote continuing vocational training, organize and manage cultural activities together with associations, institutions and schools, preserve and enhance cultural heritage, organize supporting services for educational initiatives. www.villagreppi.it



Foundation Institute of Social Re-Integration - Fundacja Instytut Re-Integracji Społecznej IRIS (Poland) The Foundation's main goal is broadly understood cultural and artistic education of children, adolescents and adults, mainly in the non-formal sphere. The Institute creates international multilateral consortia, thanks to which it deepens Europe's cohesion and promotes pro-European citizenship. The Foundation supports all young creative people who want to deepen their passions, publicly proclaim their beliefs and improve the world, even in ideological terms. www.fundacjairis.com



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